

SEXUAL RETRAINING ASSIGNMENT 25
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Date: _____ Time: _____

Sharing Love

Complete the following statements as candidly and honestly as you can, then share your responses with each other using the Communication Format.

1. When I love you, I show it by . . .

2. I know you love me when you . . .

3. I know you are reaching out to me when you . . .

4. When you reach out to me, I feel . . .

5. When I am turned on, I . . .

6. I know you are turned on when you . . .

7. You turn me on when you . . .

8. I feel sexual pleasure when . . .

9. When you stimulate me physically, I feel . . .

10. Our sexual relationship makes me feel . . .