

## **SEXUAL RETRAINING ASSIGNMENT 5**

From *Restoring the Pleasure* 2016

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*Date:* \_\_\_\_\_ *Time:* \_\_\_\_\_

### **My Sexual Development**

Go to pages 125–30 in *Restoring the Pleasure* (or use the printed copy of the Background History form); review or share for the first time your responses to your Background History.